

JUNE -AUGUST 2024





Summer Programs & Camp

PARKS & RECREATION



Summer Camp Registration
Residents: April 8th
Non Residents: April 22nd





Registration
available
online
webtrac.msvfl.gov





Insurance Policy:

All activities require current
Miami Shores Village
Insurance. Insurance Fee is
good for one year from date
of purchase. Fee covers all
recreation programs and
activities during this time.

Residents: \$12./yr Nonresidents: \$15./yr.

RESIDENT POLICY

The Miami Shores Parks and Recreation Department is operated from Miami Shores Village general fund.

Non-residents will be required to pay additional fees for all programs. Residents must provide proof of residency at time of registration.

*Proof of residency must accompany all registration.

Summer FUN



Looking to register on Webtrac, scan the QR code above

Camp/Program Registration

Resident/Non-Resident April 8/April 22



Refund Policy:

To minimize refund fees, please see the timeframes listed below and the exception for medical reasons:

- 15 days or more before the start of the program: 100% refund
- 7 to 14 days before the start of the program: 75% refund
- Less than 7 days before the start of the program: No refunds or household credits will be granted.

A 100% refund will be issued for activities cancelled by the Parks and Recreation Department.

Transfers: We will no longer transfer a participant/camper from one program/camp to another. We will process a refund based on the guidelines above.

Medical reasons for cancellation:

If your camper has a medical emergency or becomes ill, please let us know as soon as you can if this will affect participation in the registered camp or activity. A doctor's note will be required to process your refund. If a participant cannot transfer to a later camp, a refund will be applied.

Counselor In Training

Counselor In-Training Program is designed for young adults. CIT's will have the opportunity to gain community service hours and leadership experience under the guidance of Parks and Recreation Summer camp staff.

CIT's are expected to interact with campers, help with activities and special events, and most importantly, serve as a positive role model for younger campers.

<u>Limited Spots available</u>

QUALIFICATIONS / EXPERIENCE AND SKILLS:

- CIT Application Process
- High school student (ages 15 & 16)
- Level II Background and drug screening. (Fees Apply)
- Experience working with children (preferred)
- Strong and competent swimmer, comfortable in outdoor settings (preferred)

For applications & more information contact the Field House; 305-758-6701





SUMMER CAMP CALENDAR

Early drop off and late pick up are available with separate registration. Limited Spots Available



Weekly	Early Drop Off	Community Center / Field House	8:30am-9:00am	\$30./\$39.
Weekiy	Late Pick UP	Community Center / Field House	5:00pm-5:30pm	\$30./\$39.



Date	Camp Title	Location	Ages	Times	Fee: Res/Non-Res
	Shores Camp	Field House	5-12	9:00am-5:00pm	\$215./\$279.
	Lego Camp	Community Center	5-9	8:30am-Noon	\$155./\$201.
June 10 - 14	LIL Scientists: 5 Senses	Community Center	5-7	9:00am-5:00pm	\$215./\$279.
Week 1	Into the Wild	Community Center	5-9	9:00am-5:00pm	\$215./\$279.
	Gym Jam	Community Center	5-12	9:00am-2:00pm	\$215./\$279.
	Swim Fit Camp	Aquatic Center	6 - 14	9:00am-Noon	\$155./\$201.
	Shores Camp	Field House	5-12	9:00am-5:00pm	\$215./\$279.
	I Like Fashion	Community Center	5-10	8:30am-Noon	\$155./\$201.
June 17 - 21	Lego Camp	Community Center	5-9	8:30am-Noon	\$155./\$201.
	Space Invaders	Community Center	5-9	9:00am-5:00pm	\$215./279.
Week 2	Gym Jam	Community Center	5-12	9:00am-2:00pm	\$215./\$279.
Starts 6/18	Tennis Skills & Drills Camp	Tennis Center	8+	9:30am-Noon	\$40./Daily
	Swim Fit Camp	Aquatic Center	6 - 14	9:00am-Noon	\$155./\$201.
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	Shores Camp	Field House	5-12	9:00am-5:00pm	\$215./\$279.
	Play Music Camp	Community Center	6-11	9:00am-5:00pm	\$225./\$289.
June 24 - 28	Art Mania	Community Center	5-9	9:00am-5:00pm	\$215./\$279.
	Lights, Camera, Action	Community Center	6-12	9:00am-5:00pm	\$215./\$279.
Week 3	Gym Jam	Community Center	5-12	9:00am-2:00pm	\$215./\$279.
	Tennis Skills & Drills Camp	Tennis Center	8+	9:30am-Noon	\$40./Daily
	Swim Fit Camp	Aquatic Center	6 - 14	9:00am-Noon	\$155./\$201.
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July 1 - 5	Shores Camp	Field House	5-12	9:00am-5:00pm	\$172./\$224.
(NO Camp 7/4)	Outside the Box; Recycled Art	Community Center	5-10	8:30am-Noon	\$124./\$161.
Week 4	Waterpalooza	Community Center	6-12	9:00am-5:00pm	\$172./\$224.
WCCK 4	Tennis Skills & Drills Camp	Tennis Center	8+	9:30am-Noon	\$40./Daily





SUMMER CAMP CALENDAR

Date	Camp Title	Location	Ages	Times	Fee: R/NR
	Shores Camp	Field House	5-12	9:00am-5:00pm	\$215./\$279.
	Sports Camp - Shores Soccer	Athletic Fields	5-12	9:00am-12:30pm	\$155./\$201.
	Lego Camp	Community Center	5-9	8:30am-Noon	\$155./\$201.
July 8 - 12	Play Music Camp	Community Center	6-11	9:00am-5:00pm	\$225./\$289.
Week 5	Twisted Sports Week	Community Center	6-12	9:00am-5:00pm	\$215./\$279.
	Gym Jam	Community Center	5-12	9:00am-2:00pm	\$215./\$279.
	Tennis Skills & Drills Camp	Tennis Center	8+	9:30am-Noon	\$40./Daily
	Swim Fit Camp	Aquatic Center	6 - 14	9:00am-Noon	\$155./\$201.
	Shores Camp	Field House	5-12	9:00am-5:00pm	\$215./\$279.
	Sports Camp - Shores Soccer	Athletic Fields	5-12	9:00am-12:30pm	\$155./\$201.
	Lego Camp	Community Center	5-9	8:30am-Noon	\$155./\$201.
July 15 - 19	Tournament Week	Community Center	6-12	9:00am-5:00pm	\$215./\$279.
Week 6	Gym Jam	Community Center	5-12	9:00am-2:00pm	\$215./\$279.
	Play Music Camp	Community Center	6-11	9:00am-5:00pm	\$225./\$289.
	Tennis Skills & Drills Camp	Tennis Center	8+	9:30am-Noon	\$40./Daily
	Swim Fit Camp	Aquatic Center	6 - 14	9:00am-Noon	\$155./\$201.
	Shores Camp	Field House	5-12	9:00am-5:00pm	\$215./\$279.
	Play Music Camp	Community Center	6-11	9:00am-5:00pm	\$225./\$289.
July 22 - 26	Camp Kindness	Community Center	5-9	9:00am-5:00pm	\$215./\$279.
	Waterpalooza	Community Center	6-12	9:00am-5:00pm	\$215./\$279.
Week 7	Gym Jam	Community Center	5-12	9:00am-2:00pm	\$215./\$279.
	Tennis Skills & Drills Camp	Tennis Center	8+	9:30am-Noon	\$40./Daily
	Swim Fit Camp	Aquatic Center	6 - 14	9:00am-Noon	\$155./\$201.
	Shores Camp	Field House	5-12	9:00am-5:00pm	\$215./\$279.
	Lego Camp	Community Center	5-9	8:30am-Noon	\$155./\$201.
July 29 - Aug 2	LIL Scientists: 5 Senses	Community Center	5-7	9:00am-5:00pm	\$215./\$279.
Week 8	Wacky Week	Community Center	5-9	9:00am-5:00pm	\$215./\$279.
	Gym Jam	Community Center	5-12	9:00am-2:00pm	\$215./\$279.
	Tennis Skills & Drills Camp	Tennis Center	8+	9:30am-Noon	\$40./Daily
	Shores Camp	Field House	5-12	9:00am-5:00pm	\$215./\$279.
	Sports Camp - Shores Soccer	Athletic Fields	5-12	9:00am-12:30pm	\$155./\$201.
Aug 5 - Aug 9	Lego Camp	Community Center	5-9	8:30am-Noon	\$155./\$201.
	Dance Camp	Community Center	5-10	8:30am-Noon	\$155./\$201.
Week 9	Twisted Sports Week	Community Center	6-12	9:00am-5:00pm	\$215./\$279.
	Gym Jam	Community Center	5-12	9:00am-2:00pm	\$215./\$279.
	Tennis Skills & Drills Camp	Tennis Center	8+	9:30am-Noon	\$40./Daily





Shores Camp Summer Olympics 2024



Get set for the Miami Shores Olympic Camp at the Field House! A summer of sporting thrills and camaraderie awaits! Join us for action-packed fun and the chance to unleash your inner champion. Located at the Field House

Activity # 241001

Camp Schedule

Week 1: June 10-14

Week 2: June 17-21

Week 3: June 24-28

Week 4: July 1-5 (No Camp- July 4th)

Week 5: July 8-12

Week 6: July 15-19

Week 7: July 22-26

Week 8: July 29-August 2

Week 9: August 5-9



Olympic Events

- Field Trips
- Crafts
- Wild Waters
- **Outdoor Games**
- Snack Activity
 Adventures

And so much more!

Camp Information

Fees: Res/Non-Res

\$215./\$279.

\$172./\$224. (Week 4)

Camp Hours: 9:00am-5:00pm

Age: 5-12

*Mobile drop off /pick up (Field House)

Camper Teams

Bronze Team: Kinder & 1st grade Silver Team: 2nd & 3rd grade

Gold Team: 4th-6th grade

Camper teams are based on <u>2024/2025 school grade</u>

Early drop off and late pick

Early drop off and late pick up are available Weekly with separate registration.

All Shores Camp Drop-off & pick-up will be located at the Field House.

Early Drop Off	8:30am-9:00am	\$30./\$39.
Late Pick UP	5:00pm-5:30pm	\$30./\$39.

Lunch Information

Option 1: Bring your own lunch

Option 2: Purchase lunch via Snack Shack.

Order online weekly @

www.shoressnackshack.com

Miami Shores Half Day Sports Camps



Res/Non-Res: April 8/April 22 Fees: Res/Non-Res \$155/\$201

> Ages: 5-12 9:00am-12:30pm



Activity # 257032



Shores Soccer Skill Camp

Week 5: July 8th-12th Week 6: July 15th-19th Week 9: August 5th-9th

Soccer camp run by **Miami Shores Futbol Club**

9 am - 12 pm Drop-off 8:30 am - 9 am / Pick up 12 pm - 12:30 pm

Ages 6 - 14



Swim Fit is a half-day camp held weekly at the Aquatic Center. Children will improve their swim stroke technique, be guided through plyometrics/core strengthening exercises, learn water safety basics, and have fun playing aquatic games.

GROUPS - All swimmers will be grouped according to age and ability level

LUNCH - Lunches from home must be non-microwaveable and not need refrigeration. Lunch is also available for purchase at the concession stand.

Activity # 3000

10200 Biscayne Blvd Miami Shores, FL 33138 (305)795-2241

Fee:

MSV & BHI Residents: \$155 Non-residents: \$201

This is NOT a Learn to Swim Camp.

A prerequisite swim test is required in order to enroll in camp.

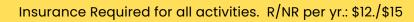
Call to schedule a swim test appointment.

Sessions:

June 10 - June 14 June 17 - June 21 June 24 - June 28 July 8 - July 12

July 15 - July 19

July 22 - July 26





Early drop off and late pick up are available Weekly with separate registration;

limited spots available

Early Drop Off	8:30am-9:00am	\$30./\$39.	
Late Pick UP	5:00pm-5:30pm	\$30./\$39.	



Art Mania

Location: Community Center

Week 3: June 24-28

I am excited to welcome all campers to a magical world of Art. Each day I will introduce a different medium and kids will be immersed with supplies to create their one-of-a-kind masterpieces. From sculptures, directive drawing, pastels, acrylic paints, spray bottles, mosaics, bubble art and much more. Afternoons will be filled with games, indoor and outdoor, and popsicles. I look forward to seeing all the creative campers in ART-MANIA!!

Age: 5-9

Time: 9:00am - 5:00pm

Fee: \$215./\$279. **Activity #154101**

Instructor: Astrid Hedge

Camp Kindness

Location: Community Center

Week 7: July 22-26

Camp Kindness is a fantastic, fun-filled, activity packed summer week for kids with a very important, wonderful twist! It is unique because of the underlying message of showing kindness and empathy towards others. Through active and thoughtful daily hands on activities, campers will learn to give back to friends, family and the community.

Age: 5-9

Time: 9:00am - 5:00pm

Fee: \$215./\$279. **Activity #154101**

Instructor: Astrid Hedge

Gym Jam Camp

Location: Community Center

Week 1: June 10-14 Week 2: June 17-21 Week 3: June 24-28 Week 5: July 8-12 Week 6: July 15-19 Week 7: July 22-26 Week 8: July 29-Aug 2 Week 9: Aug 5-9

Come experience a full week filled with flipping, tumbling, balancing, swinging, jumping and twisting through the air in our Gymnastics camp. We highly recommend this camp for our competitive gymnasts, and gymnasts who are look-ing to advance to the next level.

Age: 5 -12

Time: 9:00am – 2:00pm

Fee: \$215./\$279. **Activity # 153097**



Dance Camp

Location: Community

Week 9: Aug 5-9

Camp Description:

Hip hop hooray! This fun, highenergy summer hip hop dance camp will definitely have you movin' to the beats! It enables campers to let loose while developing creativity & coordination. Activities include basic hip hop dance moves. No experience needed.

Age: 5-10

Time: 8:30am-12:00pm

Fee: \$155./\$201.
Activity #154100

I Like Fashion

Location: Community Center

Week 2: June 17-21

It's a week of Beauty,
Design, Color, Texture,
Smiles and Fun!
Designed for "The Little

Divas" who like the

runway and picture posing. We will have a SPA day and Yoga for a relaxing experience. At the end of the week, they will have an amazing Portfolio to bring home. Bring Snack.

Age: 5-10

Time: 8:30 – 12:00pm

Fee: \$155./\$201.

Activity #154104

Instructor: Adriana Sandoval









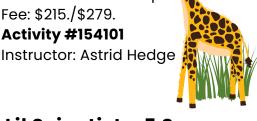
Into the Wild

Location: Community Center Week 1: June 10-14

This new, exciting camp week features hands on exploration of all types of animals in their habitats. Campers will have fun creating 3D habitats, making clay animal figures, designing wearable animal bracelets, painting animal figurines, making animal sun catchers and many more exciting activities. Camp days will also involve indoor and outdoor games. We will also have dress up as your favorite animal day. Come join the fun!

Age: 5-9

Time: 9:00am - 5:00pm



Lil Scientists: 5 Senses

Location: Community Center

Week 1: June 10-14 Week 8: July 29-Aug 2

Campers will utilize their 5 senses as tools for hands-on exploration of the world around them.

Each day will cover a different "Big Ideas" FL Dept. of Education

Science standards.

Campers must be entering Kindergarten to 2nd grade only.

Age: 5-7

Time: 9:00am - 5:00pm

Fee: \$215./\$279. **Activity #154107**

Instructor:

Maribel Fruitstone



Location: Community Center

Week 1: June 10-14 Week 2: June 17-21 Week 5: July 8-12 Week 6: July 15-19 Week 8: July 29-Aug 2

Week 9: Aug 5-9

Building, Creating, Learning with summer LEGO fun! Boys and Girls aged 5-9 years old will love our summertime fun while using LEGO building blocks, WE-DO Robotics, Summer Science Silliness, and Chess instruction/game play! Fast-paced and totally engaging, Kids can't wait for camp to start and don't want it to end. Bring Snacks and prepare for FUN!

Age: 5-9

Time: 8:30am - 12:00pm

Fee: \$155./\$201. **Activity #154103**

Instructor: Delores Ward



Lights, Camera, Action!

Location: Community Center

Week 3: June 24-28

Explore your inner creativity! Indoor projects with black lights, glow paints, fabric design, dress up day and role play! Outdoor activities include a scavenger hunt, water day, dodgeball, basketball, capture the flag and more!

Age: 6-12

Time: 9:00am - 5:00pm

Fees: \$215./\$279. **Activity #154106**

Instructor: More Than Sports

Outside the Box; **Recycled Art**

Location:

Community Center

Week 4: July 1-5; No Camp 7/4

Do you have an incredible imagination and like to transform and recycle? Do you see potential in a cardboard box? If you answered yes, then this camp is for you. Think, create, and transform. This camp uses recycled materials to teach and create consciousness about planet earth! Bring comfortable clothes and snacks.

Age: 5-10

Time: 8:30am - 12:00pm

Fee: \$124./\$161. **Activity #154104**

Instructor:

Adriana Sandoval

Play Music Camp

Location: Community Center

Week 3: June 24-28 Week 5: July 8-12 Week6: July 15-19

Week 7: July 22-26

Kids will have the opportunity to explore melody, harmony, and rhythm via individual piano, group voice and drums; all while discovering their favorite songs to movement and a concert at the end of each week!

Age: 6-11

Time: 9:00am - 5:00pm

Fee: \$225./\$289.

(Includes Music book)

Activity #154102

Instructor: Veronica Carmona



Space Invaders

Location: Community Center Week 2: June 17-21

Space Invaders will take your kids on an adventure out of this world and into space! Campers will learn about the moon and make moon rocks, build a space shuttle, satellite, paint with glow in the dark paints, and so much more. We will also include some special space related science experiments for all of our space friends. We will also have a dress up space day. Can't wait to see you at this SPACEtacular week!

Age: 5-9

Time: 9:00am - 5:00pm

Fee: \$215./\$279. **Activity #154101**

Instructor: Astrid Hedge

Tournament Week

Location: Community Center Week 6: July 15-19

Let's Compete! Daily tournaments throughout the week. Campers will team-up and compete against each other in a variety of indoor and outdoor games and activities. Bring on the competition!

Age: 6-12

Time: 9:00am - 5:00pm

Fees: \$215./\$279. **Activity #154106**

Instructor: More Than Sports



Twisted Sports Camp

Location: Community Center

Week 5: July 8-12 Week 9: Aug 5-9

Not your average Sports Camp! Love sports? We're loaded! Football, Basketball, Dodgeball and Soccer! Sports projects, Performance play, Water Day and a Movie Day! Dress as your favorite team or player throughout the week!

Age: 6-12

Time: 9:00am – 5:00pm

Fees: \$215./\$279. **Activity #154106**

Instructor:

More Than Sports



Wacky Week

Location: Community Center Week 8: July 29-Aug 2



Everyday this is a wacky day!
From wacky hair day, wacky
sock/shoe day, wacky PJ's just
to name a few. Our campers
will be immersed with wacky
activities also such as
designing wacky watches,
necklaces, shoes, self portraits,
experiments and much more.
Our days will also consist of
indoor and outdoor games and
afternoon popsicles.Come be
WACKY with us.

Age: 5-9

Time: 9:00am – 5:00pm

Fee: \$215./\$279. **Activity #154101**

Instructor: Astrid Hedge

Waterpalooza

Location: Community Center Week 4: July 1-5; No Camp 7/4

Week 7: July 22-26



Everything Water! Are you ready for a daily splash of H2O? Campers will participate in daily tournaments, games, relays and contests involving water. COME PREPARED TO GET SOAKED!

Age: 6-12

Time: 9:00am - 5:00pm Fees: \$172./\$224. (Week4) Fees: \$215./\$279. (Week 7)

Activity #154106

Instructor: More Than Sports









SESSIONS:

Session I:

June 10-13

Session II:

June 17-20

Session III:

June 24-27

Session IV:

July 8-11

Session V:

July 15-18

Session VI:

July 22-25

Session VII:

July 29-Aug 1

This camp features adventure sports, aquatics, and fun activities 4 days a week.

Monday - Thursday

9:00am-4:00pm

Fee: Resident/Non-Resident \$260./\$338.

REGISTER EARLY! Limited Space per session

Drop off and Pick up will be at the Community Center located at 9617 Park Drive. | 305-758-8103

- In the event of inclement weather an indoor activity may be substituted for an outdoor field trip. No refunds will be issued.
- All waivers must be completed at time of registration.
- Due to limited participants; NO REFUNDS will be issued.
- Equipment Required: UV shirts, sunscreen, water shoes and sneakers
- Bring Lunch and snacks.









Monday - Friday Ages 8+

CAMP

Players will bring their game to the next level, through drills, instruction, and games. Camp is designed for players of all ages.

Begins: June 18/Weekly

Ends: August 9

Time: 9:30am - Noon Fee: \$40.00 / Daily fee

Tennis & Pickleball Hours / Fees

Open play is now available to residents and nonresidents of Miami Shores. Please check in for a court at the Community Center or Tennis Center

The open play schedule is as follows:

Monday - Friday 8:00am - 9:00pm Saturday 8:00am - 7:30pm Sunday 8:00am - 7:30pm

Fees: Free / 7 & Under

\$3.00 / 8 years and up \$10.00/ Nonresident guests

PRO'S CORNER TENNIS PROFESSIONAL: VAL BANADA



Private Lessons available by appointment Monday through Saturday.

For information:

(305) 758-8122 or (786) 683-8846.

Lesson Fees:

\$40./half hour & \$80./hour

<u>Racket Restringing</u>

Professional racket restringing is offered with 24 hour service.

Pickleball Clinics and Private Lessons are available. For more information contact:

Community Center: 305.758.8103



Summer Classes

Summer Art Saturdays with



Parent & Me Class Ages (18 months to 5years)



Celebrate summer with the award-winning art classes at Kidcreate Studio! Prepare to get messy and have a blast creating summer-themed treats and tropical artwork. The curriculum is age-appropriate and aims to spark creativity. Kidcreate classes provide a positive environment to boost self-esteem with plenty of "I did it" moments. Come and create alongside your child and make it a summer experience to remember! For more details about Kidcreate Studio Miami, please visit www.kidcreatestudio.com/miami. Activity # 154108

Session I	s	10:00A-10:45A	6/8 - 6/29; 4 classes	\$100./\$130.
Session II	S	10:00A-10:45A	7/13 - 8/10; 5 Classes	\$125./\$162.

Youth Kid Create Art Ages: 5-9

Prepare for a summer filled with crafty fun and artistic discovery! Dive into our Summer Saturday series where artists can enjoy crafting with clay, painting with watercolors, creating custom slime concoctions, and even making scented works of art. Your child will delight in exploring various materials and mastering new techniques. School's out, so join us for a summer they won't forget. **Activity # 154108**

Session I	s	11:00A-12:00P	6/8 - 6/29; 4 classes	\$132./\$172.
Session II	s	11:00A-12:00P	7/13 - 8/10; 5 Classes	\$165./\$214.



Karate

Shihan Danny Lemus

7th Degree Blackbelt, Karate Master and 8 time Fl. State Champion with over 44 years of experience as an instructor at the Miami Shores Community Center; teaching Japanese/Okinawan Karate Called Nisei Goju Ryu, A hard & soft style of Karate for Kids & Adults.

The Art of Self Defense-Self Control-Discipline-Confidence-Self Esteem-Respect-Balance -Physical fitness-Fighting skills-Kata skills & Weapons Skills. Come train with the Best! **Activity # 152001A**

Beginner Ages 3-9	M & W	5:00p-6:00p	Monthly Installment	\$60./\$78.
Beginner/Advance Ages 10+	M & W	6:00p-7:00p	Monthly Installment	\$60./\$78.

Taekwon-Do



Master Fruitstone

The national martial art of Korea, Ch'ang Hon (ITF) style Taekwon-do has its foundations in the Okinawan systems of Shorin and Shorei Ryu Karate. It combines hard and soft, fast and slow movements and footwork, and is known for its evolutionary kicking techniques.

Beginners White/Yellow Belt Ages 7-12 Activity #153043	T&Th Sat	4:15p-5:00p 9:30a-11:30a	Monthly Installment	\$87./\$113.
Intermediate Gree/Blue Belt Ages 7-12 Activity #153044	T&Th Sat	5:00p-6:00p 9:30a-11:30a	Monthly Installment	\$87./\$113.
All Levels Blue Belt + 13+ - Adults Activity #153045	T&Th Sat	6:00p-7:00p 9:30a-11:30a	Monthly Installment	\$87./\$113.



Teen & Tween Fitness Classes

With more access than ever to digital distraction, social media, social pressure in school, and self-image issues, regular exercise has never been more important. This program is age specific. It focuses on teaching correct and safe movement patterns, especially focused on the Primal Movement Patterns (Squat, Bend, Lunge, Push, Pull, Twist, and Gait) in a Small Group, fun, pressure free environment. We pay attention to not only to the kid's physical development, but to their mental and emotional development as well. Kids will learn the basics of eating whole foods, as well as will have the opportunity to interact with one another in a supportive environment.

Monday & Wednesday | 5:00 - 6:00 pm Fees & Registration contact Aaron Fruitstone: 786-493-4095 | chimartialarts@gmail.com



Small Group Fitness Training

Get in the Best Shape of Your Life. Our Small Group Training focuses on total fitness! We address Muscular Strength and Endurance, Cardiovascular Strength and Endurance, and Flexibility/Active Recovery on different days, providing our clients with a complete program. With Renegade Fitness' Small Group Training, you will receive ALL the benefits of Personal Training at a fraction of the cost: personalized programming, exclusive access to the support of your coach, morning and evening sessions and all with the added bonus of a hugely supportive group of people around you. With innovative, dynamic and interactive training sessions, you'll receive exactly what you need to take your fitness and nutrition goals to the next level and challenge yourself to be the best version of your-self possible.

For Fee and Schedules contact Aaron Fruitstone 786-493-4095 chimartialarts@gmail.com



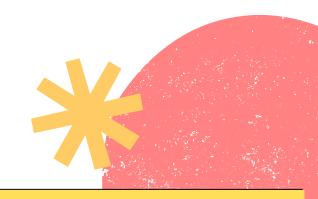
Jazzercise held at the Miami Shores Community Center offers group fitness classes for all levels. Our classes incorporate HIIT cardio dance moves with strength training for the ultimate full-body workout that can slay your wellness goals. Jazzercise is the original dance party workout. Blending dance with Pilates, yoga, kickboxing and strength training, one 55-minute session can burn up to 800 calories. The results? Long, lean muscles and an undeniable mood boost.

For questions contact: Nancy Horton 305-297-0553 | nwgcorp@msn.com

Monday – Friday 7:30am – 8:30am

Saturday 9:00am – 10:00am

R/NR Fees: \$40/\$50 *Monthly Installment Bill*
*Silver Sneakers members are free
(Offered through participating health plans)



Aquatic Center Hours of Operation

Closed

March 31, April 22, May 12, June 16, July 15, & August 12 for super chlorination.

Competition/Lap Pool Hours of Operation

Open swim is limited to Miami Shores residents and their guests. Nonresidents may enter for open swim only when accompanied by a Miami Shores resident.

March - June 9: Open Swim Hours

Mon., Wed., & Fri. 6:00AM - 11:00AM

2:00PM - 8:00PM

Tues. & Thurs. 7:00AM - 11:00AM

2:00PM - 8:00PM

Sat. & Sun. 11:00AM - 3:00PM

June 10 - August 9: Open Swim Hours

Mon., Wed., & Fri. 6:00AM - 8:00PM Tues. & Thurs. 7:00AM - 8:00PM Sat. & Sun 11:00AM - 5:00PM

Competition/Lap Swim Fees

Daily Fee: \$5.00/ MSV & BHI Residents \$8.00/guest

Monthly Lap Swim Pool Pass: (Use of Competition Pool Only) \$64./resident (MSV & BHI) \$104./nonresident

*For Lap Swim Only
(Not available for Open Swim)







Wild Waters Hours of Operation

March 30 - June 9: Session Times Closed March 31 for super chlorination.

Sat. & Sun. 11:00AM - 1:30PM

2:00PM - 4:30PM

June 10 - August 9: Session Times

Mon. Wed. & Fri. 10:00AM - 3:00PM Tues. & Thurs. 9:30AM - 2:00PM Sat. & Sun. 11:00AM - 1:30PM 2:00PM - 4:30PM

> Admission fee: MSV & BHI Residents

\$7.00 | Child (12 & under)

\$10.00 | Person (13+)

\$13.00 | Guests of resident

Wild Waters Party Packages

Residents can host birthday parties or their next outdoor bash at Wild Waters Waterpark!

Party packages are for parties of 15, 25 or 40 people. Packages include admission for one session in the Waterpark, and a reserved sunbrella, with food and drinks. Reservations must be made in advance.

Resident to nonresident ratio of (1:3) is required!

(All residents attending the party must have a valid picture ID or recreation ID)

Package Prices

15 persons...\$235. add \$70. for food 25 persons...\$345. add \$130. for food 40 persons...\$505. add \$200. for food Umbrella Only...\$107.

*Security Deposit Required





Mermaid Show

at 12:00pm

Come meet and take pictures with a mermaid!

Celebrate

Independence Day at the Aquatic Center featuring:

- Extended BBQ menu
- Free watermelon
- Mermaid show



Competition Pool

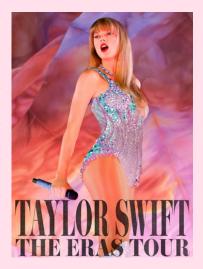
10:00AM - 5:00PM

Wild Waters

10:00AM - 4:30PM







Bring your lawn chairs/ yoga mats!

Concession will be open

Competition pool and Wild Waters will be closed.

Activity # 153091

featuring:

Taylor Swift: The Eras Tour

June 21st

Festivities will begin at 7:00PM Movie begins at 8:45PM

> Admission Fee: \$25/Person

Dress in your best Swifty outfit!

- 360 photo booth
- Karaoke
- Make friendship bracelets
- Travis Kelce cutout
- Kahoot/Trivia games
- Step & Repeat

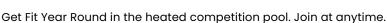








Water Fitness Classes





Join a new high intensity water aerobics class using resistance training.

Instructor: Lydia Tevini

M & W & F 7:00AM - 8:00AM

9:00AM - 10:00AM

\$15./class

Adult Stroke Improvement Class/MSA Master

Looking to get back into swimming or are you training for a triathlon? If so, this class is for you. In this class you will receive tips to improve your swimming skills, make your strokes more efficient, build endurance.

For More Information: eagleaquaticsfl.com



EAGLE aquatics

Eagle Swim Team

Directed by: Adam Madarassy, Olympian

Our team is a year round competitive swim team offering high quality professional coaching and technique instruction for all ages and abilities.

Our goal is to create a safe, friendly and fun environment that nurtures the competitive spirit of club/team swimming, such that all swimmers can achieve their highest personal and athletic potentials.

In addition to great physical benefits of swimming we teach proper technique, racing strategy, personal discipline, mental toughness and team spirit. We provide a positive environment that encourages positive role modeling, selfmotivation, personal accountability and pride in winning and losing.

The number of practice days is determined by the coach's recommendations. All youth interested in competitive swimming are invited to try-out.

For more information please email: adammadarassy@yahoo.com

Swim Team Fees: Visit eagleaquaticsfl.com for more information





Swim Lessons

The Aquatic Center offers American Red Cross "Learn to Swim" Programs. Each class is taught by a certified Water Safety Instructor. Classes are based on age, but instructors will work with the ability of each child.

Registration: Residents may register two weeks before classes begin. Nonresidents may register one week before the first class. All classes must have a minimum of 4 registered participants.

Class Fees for all levels:

Resident/Nonresident: \$100. / \$130. per session Insurance for Children's Classes: Resident/Nonresident: \$12. / \$15. required per year

(Infant & Parent Aquatics Program) Activity #: 344001

For 6 months to 3 years (one Child per parent). Younger children will adjust to the water by learning skills such as placing the face in the water, flutter kicks and pre-floating skills. All Parents are taught how to instruct their children and recognize any errors in their child's swimming technique. Parents must be in the water with their children. Instructors will work at the skill level of each child regardless of varied abilities.

Meets:

Tues - Fri: 6:00pm - 6:30 pm

Required: Child must wear swim <u>diapers</u>

PRESCHOOL AQUATICS

(Preschool Levels 1, 2 & 3)

Activity #: 344004

This class is for ages 4 & 5 year old who are ready to learn introductory and beginner water skills and swimming skills. Students will learn to enter the pool properly, float, glide and the basics of front crawl.

Meets:

Tues - Fri: 10:00AM - 10:45AM

4:00PM - 4:45PM 5:00PM - 5:45PM



BEGINNERS

Beginners (Levels 1-3) Activity #: 344002

This class is for students 6 years and older. It introduces children with little or no water experience to basic swimming skills. Students will learn rhythmic breathing and the basic strokes (front crawl, elementary backstroke, & back crawl). Instructors will teach to each students individual aptitude when possible.

Meets:

Tues - Fri: 10:00AM - 10:45AM

11:00AM - 11:45AM

4:00PM - 4:45PM

5:00PM - 5:45PM

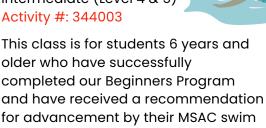


SESSION DATES FOR ALL LEVELS

June 11 - June 21 (4 x/wk for 2 /wks) June 25 - July 5 (4 x/wk for 2 /wks)July 9 - July 19 (4 x/wk for 2 /wks)July 23 - Aug 2 (4 x/wk for 2 /wks)

INTERMEDIATE

Intermediate (Level 4 & 5)



for advancement by their MSAC swim instructor. Students must be able to demonstrate rotary breathing, elementary backstroke, front crawl, and back crawl. This course is designed to improve upon students' endurance and stroke technique in preparation for Swim Team. This course is considered strenuous, and students will be required to swim

Meets:

10:00AM - 10:45AM Tues - Fri:

multiple lengths of the pool.

5:00PM - 5:45PM

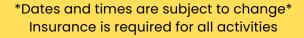
Private Swim Lessons

Miami Shores Aquatic Center offers Private Swim Lessons taught by our American Red Cross trained Water Safety Instructors. Private Lessons are available for all ages and abilities. The instructor of your choice will schedule and provide customized swim instruction curriculum.

Call 305-795-2241 to speak with one of our Water Safety Instructors

Fees: Must be paid in person at the Aquatic Center 1 student: \$50./30 minutes 2 students: \$80./30 minutes





Recreation Department

(305) 758-8103 | 9617 Park Drive Angela Dorney, Recreation Director Jacquelyn Villagran, Assistant Director Leslie Rackl, Executive Assistant



Aquatic Center

(305) 795-2241 | 10200 Biscayne Blvd.
Erik Olsen, Aquatic Supervisor
Joseph Gravie, Assistant Aquatic Supervisor
Daphne Scotese, Aquatic Specialist



Community Center

(305) 758-8103 | 9617 Park Drive Dominick Adams, Program Specialist

Monday-Friday 8:30am-8:00pm Saturday 8:00am-12:30pm

Field House/Athletics

(305) 758-6701 | 9825 Park Drive
Ann Marie Indorf, Recreation Superintendent
Kyleigh Grundy, Assistant Program Supervisor
Jason Paul, Program Specialist
Ashlee Welch, Program Specialist
Monday-Friday 8:30am-5:00pm



Tennis/Pickleball Center

(305) 758-8122 | 9701 Park Drive Val Banada, Tennis Professional

<u>Tennis/Pickleball/Basketball</u> Monday - Friday 8:00am - 9:00pm Saturday - Sunday 8:00am - 7:30pm



<u>Dog Park</u>

The Village Dog Park is located, at 10200 Biscayne Blvd, in the Aquatic Center Parking Lot

Available to Miami Shores Village Residents and their guests.

Hours: Sunrise to Sunset

For additional information: 305-758-8103



Basketball Courts

A \$1. PER USER COURT FEE IS
REQUIRED. Admission to the
courts is through the Community
Center Monday through Friday. Weekends
admission is through the Tennis Center.
Users must have identification with them.

<u>Open Play</u>

Monday-Friday 4:00pm-9:00pm Saturday-Sunday 9:00am-7:30pm (Subject to change)

For additional information: 305-758-8103

FACILITIES

Tot Lot Playground Located at 10015 Park Drive

Monday-Saturday: 9:00 a.m. - Sunset Sunday: 12 Noon-Sunset

This facility is available for use by Miami Shores residents. It was built and is maintained to provide a fun and safe play area for children. Children must be supervised at all times.

BATHROOM Key FOB:

AVAILABLE FOR PURCHASE AT THE

COMMUNITY CENTER; Fee: \$10.

MUST SHOW PROOF OF MIAMI SHORES RESIDENCY

Tot Lot Pavilion

The pavilion is available for rental to Miami Shores residents for birthday parties or picnics. The tot lot area will be open to the public.

Rates are \$65./hr.





















